



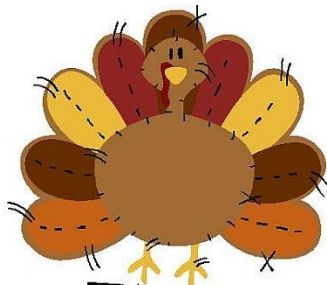
## Port City Youth Exclusive News

### Thanksgiving

Thanksgiving Day is a national holiday in the United States, and Thanksgiving 2018 occurs on Thursday, November 22.

Thanksgiving Day is a day set aside each year where people in the United States and Canada give thanks to God for all the blessings they received during the year by feasting and prayer. Most Americans celebrate thanksgiving the same way. Which is

inviting family over and spending quality time together. Also there is a



## Happy Thanksgiving

huge feast which most people generally have turkey as the center of the feast. Have a fun and safe thanksgiving !

### Fun Facts For Fall

- Americans typically refer to this time of year as “fall,” while the British use the word “autumn.” Both terms date back to the 16th century but before that it was called “harvest.”
- Weight gain around this time of year may not only be due to comforting fall foods like pumpkin pie and cider, researchers have found that lack of vitamin D reduces fat breakdown and triggers fat storage.
- The yellow and orange colors you see actually always exist in leaves but they are overpowered by the abundance of green from chlorophyll. The amount of chlorophyll starts to decrease as the sun weakens and the days grow shorter.

### Goldilocks Sweet Potato Pie

- Preheat oven to 350 degrees F (175 degrees C). Press pie crust into a 9-inch pie pan.
- Mix sweet potatoes, sugar, butter, milk, eggs, vanilla extract, nutmeg, and cinnamon together in a bowl; pour sweet potato mixture into the prepared pie crust.
- Bake in the preheated oven until a knife inserted near the center comes out clean, about 1 hour.

Go to <https://www.allrecipes.com> for the list of ingredients

### Upcoming Dates:

- November 4th— Daylight Savings Ends
- November 6th—Election Day
- November 11th— Veteran’s Day
- November 22nd—Thanksgiving

